

# Child Development Center in Navi Mumbai: The Shadow Teacher Role in Inclusive Education

Inclusive education — the placement of children with developmental needs in mainstream schools — is a well-intentioned policy that produces better or worse outcomes depending entirely on the support in place. A child with autism, ADHD, or significant learning differences placed in a mainstream classroom without adequate support frequently struggles in ways that damage confidence, increase anxiety, and set back development. The same child with effective, well-trained support can thrive. The [Child Development Center in Navi Mumbai](#) at Aakaar understands this distinction and provides shadow teacher services specifically designed to make inclusive placement actually work.



[Aakaar Child Development Center](#) trains and deploys shadow teachers as part of their comprehensive support model. A shadow teacher is a trained paraprofessional who works one-on-one with a specific child within the classroom setting — providing the individualised support that the classroom teacher cannot offer while managing a full class, without removing the child from the mainstream learning environment.

## What a Shadow Teacher Does in Practice

The shadow teacher's role is nuanced. It is not simply sitting beside the child and completing tasks for them. Effective shadow teaching builds the child's independence progressively — providing support at the level the child currently needs, then systematically fading that support as skills and confidence develop.

In a classroom setting, the shadow teacher helps the child access instruction that might otherwise be incomprehensible — breaking down tasks, providing visual supports, managing transitions, redirecting the child when attention wanders, and intervening before frustration escalates into behaviour that disrupts the class. They communicate with the classroom teacher regularly, and with the child's clinical team at Aakaar.

### **Coordination Between School and Therapy**

[Child Occupational therapy Navi mumbai](#) and [Child Speech Therapy Navi Mumbai](#) gains made in the therapy room need to transfer to the school environment for them to have real-world impact. The shadow teacher is the mechanism through which this transfer happens — implementing strategies developed in therapy within the actual setting where the child needs to function.

[Child counselling in Navi Mumbai](#) at Aakaar informs the shadow teacher's understanding of the child's emotional and behavioural profile — which ensures that responses to challenging behaviour in school are consistent with the therapeutic approach rather than inadvertently undermining it.

For families navigating inclusive education in Navi Mumbai's school system, [Aakaar Child Development Center](#) provides guidance on placement decisions, school communication, shadow teacher coordination, and how to advocate effectively for the support their child is entitled to receive.

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