

Bed Frames Upholstered Sizes UK | Style Beds

One of the most common questions when shopping for an upholstered bed frame isn't about fabric or style at all, it's about size. Getting the dimensions right matters more than almost any other decision, since a frame that's too large will overwhelm a room, while one that's too small won't give you the comfort you're paying for. This guide breaks down every standard UK [Bed Frames Upholstered](#) size, what kind of room each suits, and how to measure your space properly before you buy.



Standard UK Bed Frame Sizes at a Glance

UK bed sizing follows a fairly consistent set of standard dimensions across most retailers, though it's always worth doublechecking a specific product page before ordering, since some upholstered bed frames add a few extra centimetres for the fabric surround.

Single Upholstered Bed Frames

A single upholstered bed frame typically measures around 90cm x 190cm and is the standard choice for children's rooms, teenage bedrooms, guest rooms and box rooms. Despite the compact footprint, an upholstered headboard still makes a real difference to how finished a single room feels, turning a functional space into something that looks intentionally designed.

The [Eton Bed Frame](#) is a good example of a neat, single friendly design that doesn't sacrifice on style.

Small Double Upholstered Bed Frames

At around 120cm x 190cm, a small double upholstered bed frame sits between a single and a full double, and is a popular choice for UK box rooms and smaller second bedrooms where a full double would feel cramped. It offers noticeably more sleeping width than a single while still leaving enough floor space for a wardrobe or desk in a tighter room.

Double Upholstered Bed Frames

The upholstered double bed frame is the most common size in UK homes, measuring approximately 135cm x 190cm. It suits most standard second bedrooms and works well for single sleepers who want extra space to stretch out, as well as couples in smaller rooms. Because it's the most widely stocked size, you'll find the broadest range of styles and fabrics available at this dimension.

King Size Upholstered Bed Frames

A king bed frame upholstered in fabric measures around 150cm x 200cm and is the most popular choice for UK main bedrooms. The extra width compared to a double makes a genuine difference for couples, and the added length suits taller sleepers too. A king size upholstered bed frame generally needs a room of at least 3.4m x 3.4m to allow comfortable walking space on both sides plus room for other furniture. The [Royal Bed Frame](#) is a strong option at this size, with a structured headboard proportioned well for larger rooms.

Super King Upholstered Bed Frames

At roughly 180cm x 200cm, a super king size upholstered bed frame is the largest standard UK bed size and works best in generously proportioned main bedrooms ideally 4m x 4m or larger. A super king upholstered bed frame is a popular choice for growing families who share the bed with children or pets, and for anyone who simply prioritises sleeping space above all else. The Ruby Luxury Bed is available in this size and demonstrates how a substantial frame can still feel proportionate with the right headboard design.

Comparing Upholstered Bed Frame Sizes

Size	Approx. Dimensions	Best Suited To	Minimum Room Size Guide
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Single	90cm x 190cm	Children's rooms, guest rooms	2.4m x 3m
Small double	120cm x 190cm	Box rooms, small second bedrooms	2.7m x 3.2m
Double	135cm x 190cm	Standard second bedrooms, singles	3m x 3.3m
King	150cm x 200cm	Main bedrooms, couples	3.4m x 3.4m
Super king	180cm x 200cm	Large main bedrooms, families	4m x 4m

How to Measure Your Room Before Buying

Before choosing an upholstered bed frame, measure your room and mark out the bed's footprint using masking tape on the floor. This simple step reveals exactly how much walking space you'll have around the bed and whether wardrobe or door access will be affected. As a general rule, aim to leave at least 60–70cm of clear space on each accessible side of the bed for comfortable movement.

Also factor in the extra depth an upholstered headboard adds compared to a plain frame – most add somewhere between 10cm and 20cm to the total footprint versus the mattress size alone, depending on padding thickness.

Upholstered Bed Frames With Storage, by Size

If floor space is tight, pairing a smaller upholstered bed frame with an ottoman storage base can offset the lack of room for wardrobes or drawer units. This works particularly well at double and king sizes, where the storage volume underneath is large enough to be genuinely useful. The [Egerie Beige Ottoman Bed with Curved Headboard](#) combines a kingfriendly footprint with generous underbed storage, making it a practical option for bedrooms that need to work harder.



Choosing Between Two Close Sizes

If you're torn between a double and a king, or a king and a super king, it usually comes down to two questions, how many people will regularly sleep in the bed, and how much clear floor space you have once other furniture is accounted for. Couples who value personal space at night generally prefer sizing up where the room allows, while single sleepers or smaller rooms are often better served by staying one size down and investing the saved space in better quality upholstery instead. The [Blenheim Elegant Bed](#) is available across several sizes, making it a useful frame to compare in person or via detailed product photography before deciding.

Final Thoughts

Size is one of the most important and most overlooked decisions when buying an upholstered bed frame. Take the time to measure your room properly, account for the extra depth an upholstered headboard adds, and choose a size that leaves comfortable space to move. Browse the full range of sizes at [Style Beds](#) to find the right fit for your bedroom.

Frequently Asked Questions(FAQs)

What is the difference between UK king and super king upholstered bed frames?

A UK king size upholstered bed frame measures around 150cm x 200cm, while a super king measures approximately 180cm x 200cm 30cm wider, which makes a noticeable difference for couples or families sharing the bed.

How much floor space do I need around an upholstered bed frame?

As a general guide, leave at least 60–70cm of clear space on each side of the bed that you'll walk around regularly, plus additional space for wardrobe doors or drawers to open fully.

Is a small double upholstered bed frame worth it over a single?

For a single adult sleeper in a smaller room, a small double offers noticeably more comfort than a single bed while still fitting most UK box rooms, making it a popular middleground choice.

Do upholstered headboards add much extra size to a bed frame?

Yes, typically 10–20cm of extra depth compared to the mattress size alone, depending on how padded the headboard is, so it's worth checking exact product dimensions rather than relying on mattress size alone.

What size upholstered bed frame is best for a growing family?

A super king size upholstered bed frame is generally the most practical choice for families who regularly share the bed with children, offering the most sleeping space of any standard UK size.